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<p>September 2010</p>			<p>1. 9:30 Armchair Exercises 10:30 Reminiscence - Vancouver in the Making</p> <p>1:30 Bowling </p> <p>6:30 Social Night Music by Steve Warner </p>	<p>2. 9:30 Armchair Exercises 9:30 Awareness 10:30 Shuffleboard 1:30 Video - African Odyssey 3:30 Mystery Time 6:15 Bingo </p> <p>7:30 Evening Coffee</p>	<p>3. 9:30 Armchair Exercises 9:30 Awareness</p> <p>10:30 Bible Study </p> <p>1:30 Family Feud 3:30 Mystery Time 5:15 Diner Club - Pizza 7:30 Evening Coffee</p>	<p>4. 9:30 Armchair Exercises 9:30 Awareness 10:30 Bowling </p> <p>1:30 Bingo </p> <p>3:00 Mystery Time 7:30 Evening Coffee</p>
<p>5. 9:30 Chapel 10:30 Active Games 11:00 Service from White Rock Baptist on Channel 59 </p>	<p>6. Labor Day 8:15 Breakfast Club 9:30 Armchair Exercises 9:30 Awareness 10:30 Word Games 1:30 Bingo </p> <p>3:00 Spirit Lifters 6:30 Visit with Duke </p> <p>7:30 Evening Coffee</p>	<p>7. 9:30 Armchair Exercises 10:30 Shuffleboard 2:30 Hand Chimes </p> <p>3:45 Musical Journey 6:15 Tee up for Golf </p> <p>7:30 Evening Coffee</p>	<p>8. 9:30 Armchair Exercises 10:30 Bowling </p> <p>2:00 Social Night Music by Champagne Country </p> <p>6:15 Video - The Peking Acrobats</p>	<p>9. 9:30 Armchair Exercises 9:30 Awareness 10:30 Shuffleboard 1:30 </p> <p>Lets Make a Deal 3:30 Mystery Time 6:15 Bingo </p> <p>7:30 Evening Coffee</p>	<p>10. 9:30 Armchair Exercises  9:30 Awareness Bus Ride</p> <p>10:30 Bible Study </p> <p> 11:30 Lunch Outing Friday Friendship</p> <p>3:30 Mystery Time 7:30 Evening Coffee</p>	<p>11. 9:30 Armchair Exercises 9:30 Awareness</p> <p>10:30 Bowling </p> <p>1:30  Bingo</p> <p>3:00 Mystery Time 7:30 Evening Coffee</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12. Grandparents Day 9:30 Chapel 10:30 Active Games 11:00 Service from White Rock Baptist on Channel 59 1:30 Darren on the Piano</p>  	<p>13. 9:30 Armchair Exercises 9:30 Awareness 10:30 Word Games 1:30 Bingo  3:00 Hymn Sing 6:30 Visit with Duke 7:30 Evening Coffee</p>	<p>14. 9:30 Armchair Exercises 10:30 Shuffleboard 1:30 Joy of Music 2:30 Hand Chimes  3:45 Musical Journey 6:15 Cross Word Puzzle 7:30 Evening Coffee</p>	<p>15. 9:30 Armchair Exercises 10:00 Catholic Communion 10:30 Reminisce -News & Views  1:30 Bowling 3:30 Mystery Time 6:30 Social Night Music by Invar</p>	<p>16. 9:30 Armchair Exercises 9:30 Awareness 11:30 Lunch outing to I HOP Restaurant  3:30 Mystery Time  6:15 Bingo 7:30 Evening Coffee</p>	<p>17. 9:30 Armchair Exercises 9:45 Ride in the Country 10:30 Bible Study   1:30 Help with Crafts for the Fall Fair 3:30 Mystery Time 6:15 Sing-a-long With Angela</p>	<p>18. 9:30 Armchair Exercises 9:30 Awareness 10:30 Bowling   1:30 Bingo 3:00 Mystery Time 7:30 Evening Coffee</p>
<p>19. 9:30 Chapel 10:30 Active Games 11:00 Service from White Rock Baptist on Channel 59</p> 	<p>20. 8:15 Breakfast Club 9:30 Armchair Exercises 9:30 Awareness 10:30 Word Games 1:30 Bingo 3:00 Spirit Lifters  6:30 Visit with Duke 7:30 Evening Coffee</p>	<p>21. 9:30 Armchair Exercises 10:30 Resident Council 1:30 Anglican Church service 2:30 Hand Chimes  3:45 Musical Journey 5:15 Diner Club Chinese Food 7:30 Evening Coffee</p>	<p>22. 9:30 Armchair Exercises 10:30 Reminisce -What's the story Line  1:30 Bowling 3:30 Mystery Time 6:30 Social Night Music by Steve Warner </p>	<p>23. 9:30 Armchair Exercises 9:30 Awareness 10:30 Bay Ridge Elementary visit 1:30 Shuffleboard 3:30 Mystery Time  6:15 Bingo 7:30 Evening Coffee</p>	<p>24. 9:30 Armchair Exercises 9:30 Awareness 10:30 Bible Study  1:30 Crafts 3:30 Mystery Time 6:15  Wheel of Fortune 7:30 Evening Coffee</p>	<p>25. 9:30 Armchair Exercises 9:30 Awareness 10:30 Bowling  2:00 Ice Cream Social Music by Mike Breanne and George 7:30 Evening Coffee</p>
<p>26. 9:30 Chapel 10:30 Active Games 11:00 Service from White Rock Baptist on Channel 59 1:30 Darren on the Piano</p>  	<p>27. 9:30 Armchair Exercises 9:30 Awareness 10:30 Word Games 1:30 Bingo 3:00 Hymn sing 6:30 Visit with Duke 7:30 Evening Coffee</p>	<p>28. 9:30 Armchair Exercises 10:30 Shuffleboard 1:30 Joy of Music 2:30 Hand Chimes  3:45 Musical Journey 6:15 What Zit?  7:30 Evening Coffee</p>	<p>29. 9:30 Armchair Exercises 10:30 Bowling 2:00 Birthday Party Music by Thomas  3:30 Mystery Time 6:15 Documentary</p>	<p>30. 9:30 Armchair Exercises 9:30 Awareness 10:30 Shuffleboard 1:30 Table Games 3:30 Mystery Time 6:15 Bingo  7:30 Evening Coffee</p>		<p>September 2010</p>

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